

Original Article

Separation of Low- Versus High-grade Crohn's Disease-associated Small Bowel Carcinomas is Improved by Invasive Front Prognostic Marker Analysis



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Abstract

Background and Aims: Crohn's disease-associated small bowel carcinoma is a rare event, usually reported to have a severe prognosis. However, in previous investigations we have found a minority of cases displaying a relatively favourable behaviour, thus outlining the need to improve the histopathological prediction of Crohn's disease-associated small bowel carcinoma prognosis.

Methods: As in recent studies on colorectal cancer, a substantial improvement in prognostic evaluations has been provided by the histological analysis of the tumour invasive front; we therefore systematically analysed the tumour budding and poorly differentiated clusters in the invasive front of 47 Crohn's disease-associated small bowel carcinomas collected through the Small Bowel Cancer Italian Consortium.

Results: Both tumour budding and poorly differentiated cluster analyses proved highly effective in prognostic evaluation of Crohn's disease-associated small bowel carcinomas. In addition, they retained prognostic value when combined with two other parameters, i.e. glandular histology and stage I/II, both known to predict a relatively favourable small bowel carcinoma behaviour. In particular, association of tumour budding and poorly differentiated clusters in a combined invasive front score allowed identification of a minor subset of cancers [12/47, 25%] characterised by combined invasive front low grade coupled with a glandular histology and a low stage [I or II] and showing no cancer-related death during a median follow-up of 73.5 months.

Conclusions: The improved distinction of lower- from higher-grade Crohn's disease-associated small bowel carcinomas provided by invasive front analysis should be of potential help in choosing appropriate therapy for these rare and frequently ominous neoplasms.

Key Words: Adenocarcinoma; grading; poorly differentiated cluster; tumour budding

1. Introduction

A previous study of small bowel carcinomas [SBCs] by our group found that glandular versus non-glandular histology and density of tumour-infiltrating T lymphocytes [TILs] were significant predictors of patient survival.¹ The underlying immune-mediated predisposing disorder was also of prognostic value in SBCs; indeed, coeliac disease-associated cancers show a more favourable outcome than those associated with Crohn's disease [CrD].^{2,3}

CrD-associated SBC [CrD-SBC] as a whole showed poor prognosis [5-year overall survival rate: 26–38%],³ and this is partly due to the advanced stage at diagnosis and to their often incidental finding at surgical resection for bowel stricture. The latter factor may imply suboptimal resections and/or inadequate lymph node dissection and, subsequently, the need for short-term re-intervention.^{4,5} However, we recently identified a smaller histological subset of CrD-SBCs, especially among those showing glandular differentiation, which was associated with less aggressive disease.¹ The identification of factors which may improve the histopathological prediction of CrD-SBC prognosis is lacking, up till now.

Recent studies on colorectal and other gastrointestinal cancers have shown that careful analysis of tumour budding [Tb] and poorly differentiated clusters [PDCs] at the tumour invasion front may substantially improve their prognostic evaluation.^{6–13} The aim of this study was to evaluate these histological parameters [Tb and PDCs] on a relatively large series of CrD-SBCs collected through the Small Bowel Cancer Italian Consortium, and hopefully to improve the prognostic characterisation of this poorly known and relatively rare subset of cancers.

2. Materials and Methods

2.1. Study population

This retrospective study included 47 patients with primary non-ampullary CrD-SBCs, mostly from the ileum [$n = 44$], two from the jejunum, and one from the duodenum. The patients, some of whom have been partly studied in previous series,^{1,2,14} had surgical resection and complete survival data from 15 tertiary referral Italian inflammatory bowel disease centres participating in the Small Bowel Cancer Italian Consortium. Neuroendocrine neoplasms were excluded. This study was approved by the Ethics Committee of the San Matteo Hospital Foundation of Pavia.

2.2. Histological evaluation

All available haematoxylin and eosin [H&E]-stained slides, including full-thickness sections of the tumour and encompassing the invasive front, were reviewed.

Tb and PDCs were analysed by two independent researchers [GA and AV] blinded to clinical and outcome data. An Eclipse Ci microscope [Nikon] with a standard 22-mm diameter eyepiece [specimen area of 0.950 mm² under an objective lens with a magnification of $\times 20$] was used, and the number of buds/PDCs was divided by 1.21 to achieve the number of buds per area of 0.785 mm² as recommended for colorectal cancer.⁹

2.2.1. Definition and evaluation of Tb

A tumour bud is defined as a single tumour cell or a cell cluster of up to four tumour cells which develops from neoplastic glands. Tb was analysed along the invasive parts of the tumour using the hotspot method, which is considered to be the most useful method for assessing Tb in colorectal cancer.⁹ Initially, the invasive front of the tumour was screened using low magnification to find the areas with most Tb. For this purpose, cytokeratin 8–18 [monoclonal, clone EP17/EP30, Dako] immunohistochemistry was helpful in some challenging cases [i.e. glandular fragmentation, strong peritumoral inflammation] to allow a better visualisation of Tb-rich areas. Tb was assessed from several H&E areas, and the single field with the most budding was used for quantitation. The number of buds was counted in all cancers on H&E staining from a single field of view using $\times 200$ total magnification [the hotspot method]. Following the International Tumour Budding Consensus Conference [ITBCC] group recommendation for colorectal cancer, we used a three-tier system: low budding [Tb1]: 0–4 buds; intermediate budding [Tb2]: 5–9 buds; and high budding [Tb3]: 10 or more buds.⁹

2.2.2. Definition and evaluation of PDCs

PDCs were defined as clusters of ≥ 5 cancer cells that lacked a gland-like structure. The whole tumour was first scanned at low-power magnification to identify areas with the greatest number of PDCs at the invasive front. The number of PDCs in a single field of highest activity was then determined and graded as PDC1 [< 5 PDCs], PDC2 [5–9 PDCs], or PDC3 [≥ 10 PDCs] under an objective lens with a magnification of $\times 20$.^{8,15,16}

Cases which would have been placed into different subgroups by the two investigators had their slides re-analysed by an expert gastrointestinal pathologist [ES], and a consensus was reached. In addition, a combined invasive front [CIF] grade was developed as high in the presence of grade 3 for either Tb or PDCs or both and as low in the remaining cases.

The following conventional histological parameters were also investigated: tumour histotype, World Health Organization [WHO] tumour grade [for the entire tumour], and TILs and all parameters required for Tumour, Node, Metastasis [TNM] staging.¹⁵ Tumour histotype was classified as: a) glandular, b) diffuse, c) mixed [glandular plus diffuse], d) medullary, and e) non-medullary solid types, as previously described.^{1,18} Two cases resembling in part medullary cancers, one of which was Epstein Barr virus-positive and reinterpreted as lymphoepithelioma-like cancer,¹⁹ were omitted from this study, as recommended by Lugli *et al.*,⁹ owing to technical difficulties in assessing Tb and PDC status. WHO tumour grade was based on the proportion of gland formation and categorised as grade 1 [well differentiated, >95%], grade 2 [moderately differentiated, 50% to 95%], or grade 3 [poorly differentiated, 0% to 49%]. In carcinomas with mucinous features, WHO grade, Tb, and PDCs were assessed in the area outside the mucinous component.

Table 1. Histological classification and clinico-pathological features of the 47 Crohn's disease-associated SBC cases

Histotype	<i>n</i> [%]	Male sex, <i>n</i> [%]	Age at SBC diagnosis, median [25th-75th]	P53 overexpression [>50%], <i>n</i> [%]	MSI/dMMR	High TILs, <i>n</i> [%]	WHO grade, <i>n</i> [%]		
							1	2	3
Glandular	24 [51.1]	18 [75]	59 [54.5–69]	14 [58.3]	6 [25]	9 [37.5]	6 [25]	17 [70.8]	1 [4.2]
Mixed	11 [23.4]	9 [81.8]	56 [46–68]	6 [54.5]	2 [18.2]	2 [18.2]	0	4 [36.4]	7 [63.6]
Diffuse	10 [21.3]	7 [70]	51 [39–59]	3 [30]	0	4 [40]	0	0	10 [100]
Solid	2 [4.2]	0	53 [44–62]	2 [100]	0	0	0	0	2 [100]
Total	47 [100]	34 [72]	57 [50–68]	25 [53.2]	8 [17]	15 [31.9]	6 [12.8]	21 [44.7]	20 [42.5]

All dMMR SBCs also showed MSI by molecular analysis.

SBC, small bowel cancer; WHO, World Health Organization; dMMR, defective mismatch repair; MSI, microsatellite instability; TIL, tumour-infiltrating lymphocyte.

WHO grade distribution among histotypes: *p* < 0.001.

Table 2. Classification of 47 Crohn's disease-associated SBC cases by invasive front-based grading systems

Histotype	Tumour budding, <i>n</i> [%]			Poorly differentiated clusters, <i>n</i> [%]			Combined invasive front grade, <i>n</i> [%]	
	Tb1	Tb2	Tb3	PDC1	PDC2	PDC3	Low	High
Glandular	12 [50]	4 [16.7]	8 [33.3]	13 [54.2]	6 [25]	5 [20.8]	14 [58.3]	10 [41.7]
Mixed	0	0	11 [100]	2 [18.2]	1 [9.1]	8 [72.7]	0	11 [100]
Diffuse	0	0	10 [100]	1 [10]	4 [40]	5 [50]	0	10 [100]
Solid	0	1 [50]	1 [50]	0	1 [50]	1 [50]	1 [50]	1 [50]
Total	12 [25.5]	5 [10.6]	30 [63.8]	16 [34]	12 [25.5]	19 [40.4]	15 [31.9]	32 [68.1]

SBC, small bowel cancer; Tb, tumour budding; PDC, poorly differentiated clusters; CIF, combined invasive front.

Tb and CIF grade distribution among histotypes: *p* < 0.001; PDC distribution among histotypes: *p* = 0.016.

A tumour was classified as having high TIL density when the mean number of CD3-positive TILs was >15 per high-power field, as previously reported.²

For testing mismatch repair [MMR] protein deficiency, immunohistochemistry was performed using the standard streptavidin-biotin peroxidase procedure, with the following primary monoclonal antibodies against MLH1 [monoclonal, clone ES05, Dako], MSH2 [monoclonal, clone FE11, Dako], MSH6 [monoclonal, clone EP49, Dako], and PMS2 [monoclonal, clone EP51, Dako]. Immunostaining of MMR proteins in tumour cells was evaluated as proficient [MMRp: retained expression] or deficient [MMRd: absent expression]; only tumours showing absence of nuclear staining of all neoplastic cells in the presence of an internal

positive control [intra-tumour stromal and inflammatory cells or non-tumour mucosa] were considered deficient.² In parallel, microsatellite instability [MSI] molecular analysis was performed as previously reported.²

Finally, we searched for a correlation between invasive front markers and KRAS, NRAS, and PIK3CA mutations in 24 CrD-SBC cases, whose gene mutation analysis was available from a previous investigation, as already described.² In addition, immunohistochemistry for p53 [monoclonal, clone DO7, Dako] was performed in all cases; a CrD-SBC was considered p53-positive when more than 50% of tumour cells showed strong nuclear p53 immunoreactivity, in line with previous studies.²

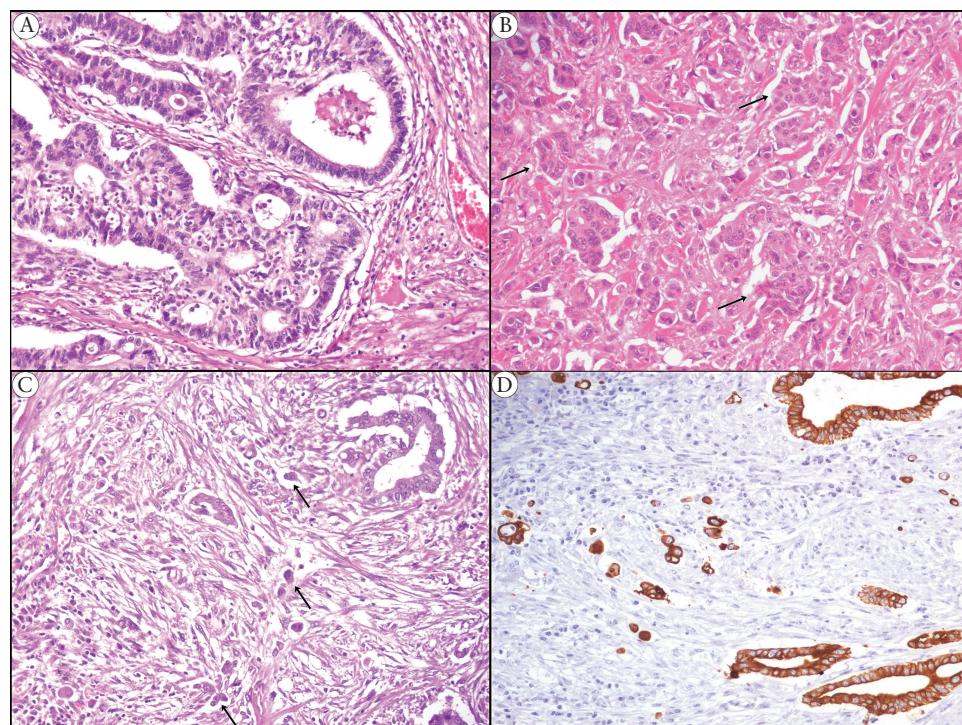


Figure 1. [A] A glandular Crohn's disease-associated small bowel carcinoma [CrD-SBC] showing grade 1 tumour budding [Tb1] and grade 1 poorly differentiated clusters [PDC1] at the tumour invasive front [on the right] [haematoxylin and eosin; original magnification, 200x]. [B] A mixed-type CrD-SBC with grade 3 PDCs [arrows; haematoxylin and eosin; original magnification, 200x]. [C, D] A glandular CrD-SBC showing grade 3 Tb [arrows; C, haematoxylin and eosin; D, pan-cytokeratin immunostaining; original magnification, 200x].

Table 3. Distribution of Tb, PDC and CIF scores among the 47 Crohn's disease-associated SBC cases classified according to pT and AJCC stage.

Grading system	Cases, n [%]	pT, n [%]				p-value	Stage, n [%]				p-value	
		pT1	pT2	pT3	pT4		I	II	III	IV		
Tb	Tb1	12 [25.5]	2 [16.7]	4 [33]	5 [41.7]	1 [8.3]	0.001	6 [50]	5 [41.7]	1 [8.33]	0	<0.001
	Tb2	5 [10.7]	0	0	2 [40]	4 [60]		0	3 [60]	2 [40]	0	
	Tb3	30 [63.8]	0	0	16 [53.3]	14 [46.7]		0	11 [36.7]	13 [43.3]	6 [20]	
PDC	PDC1	16 [34.1]	2 [12.5]	4 [25]	7 [43.7]	3 [18.8]	0.016	6 [37.5]	6 [37.5]	4 [25]	0	0.002
	PDC2	12 [25.5]	0	0	8 [66.7]	4 [33.3]		0	8 [66.7]	2 [16.7]	2 [16.7]	
	PDC3	19 [40.4]	0	0	8 [42.1]	11 [57.9]		0	5 [26.3]	10 [52.6]	4 [21.1]	
CIF grade	CIF low grade	15 [31.9]	2 [13.3]	4 [26.7]	6 [40]	3 [20]	0.002	6 [40]	8 [53.3]	1 [6.7]	0	<0.001
	CIF high grade	32 [68.1]	0	0	17 [53.1]	15 [46.9]		0	11 [34.4]	15 [46.9]	6 [18.7]	

SBC, small bowel carcinoma; Tb, tumour budding; PDC, poorly differentiated clusters; CIF, combined invasive front; pT, extent of the tumour into the layers of the wall of the small intestine [according to the 8th edn, AJCC TNM staging system]; AJCC, American Joint Committee on Cancer; TNM, Tumour, Node, Metastasis.

2.3. Statistical analysis

We used Stata 15.1 [StataCorp, College Station, TX, USA] for all computations. We considered a two-sided p -value < 0.05 as statistically significant. We did not apply multiple endpoints correction for the exploratory subgroup analyses. We described data with the median and 25th–75th percentiles if continuous, and with counts and percentages if categorical. We compared them between groups with the Kruskall-Wallis test and Fisher's exact test, respectively. We computed median follow-up with the reverse Kaplan-Meier method. We analysed cancer-specific mortality by computing the mortality rate per 100 person-years, plotting the Kaplan-Meier survival curves and assessing the risk of dying for a series of candidate risk factors with the hazard ratio [HR] and 95% confidence interval [CI] derived from a Cox model. We checked the proportional hazard assumption with a test based on residuals. We computed the Harrell's c statistic

for discrimination [the closer to 1, the better, the closer to 0.5, the worse]. Given the low number of deaths, we did not fit multivariable survival models.

3. Results

The histological classification of 47 CrD-SBCs and pertinent distribution of some clinico-pathological features are reported in Table 1. A general predominance of male sex and a median age of 57 years at SBC diagnosis are worth of note. Fifteen cases showed high TIL density, only eight harboured defective MMR [including seven cases with loss of MLH1/PMS2 and one case showing isolated loss of MSH6], and p53 overexpression was observed in 53.2% of CrD-SBCs without significant difference among histotypes. KRAS, NRAS, and PIK3CA mutations were found in three [12.5%], one [4%], and

Table 4. Cancer-specific survival of 45 Crohn's disease-associated SBCs classified according to their invasion front pattern and other predictive parameters.

Parameter		Cases <i>n</i>	Deaths <i>n</i> [%]	Rate per 100 person-years [95% CI]	HR [95% CI]	<i>p</i> -value [Cox]	Harrell's c [95% CI]
Tumour budding	Tb1	11	1 [9.1]	1.33 [0.19–9.44]	1	<0.001	0.68 [0.59–0.77]
	Tb2	5	2 [40]	20.25 [5.06–80.97]	10.6 [0.95–118.7]		
	Tb3	29	20 [68.9]	25.18 [16.24–39.03]	14.72 [1.95–111.18]		
PDC	PDC1	15	3 [20]	3.69 [1.19–11.43]	1	0.004	0.69 [0.58–0.80]
	PDC2	12	8 [66.7]	23.84 [11.92–47.67]	4.88 [1.29–18.46]		
	PDC3	18	12 [66.7]	24.23 [13.76–42.67]	5.94 [1.67–21.15]		
CIF grade	low	14	2 [14.3]	2.45 [0.61–9.78]	1	<0.001	0.66 [0.57–0.75]
	high	31	21 [67.7]	25.38 [16.55–38.92]	8.27 [1.91–35.90]		
WHO	G1	5	0	0	not evaluable [-∞]	0.001	0.67 [0.56–0.78]
	G2	20	8 [40]	10.14 [5.07–20.27]	1		
	G3	20	15 [75]	29.97 [18.07–49.71]	2.08 [0.88–4.91]		
Histotype	glandular	22	5 [22.7]	4.59 [1.91–11.03]	1	<0.001	0.68 [0.58–0.78]
	non-glandular	23	18 [78.3]	32.38 [20.4–51.39]	5.02 [1.85–13.63]		
TILs	high	15	4 [26.7]	5.62 [2.11–14.98]	1	0.027	0.60 [0.50–0.70]
	low	30	19 [63.3]	20.36 [12.99–31.92]	3.01 [1.02–8.92]		
Stage	I	5	0	0	not evaluable [-∞]	<0.001	0.80 [0.72–0.87]
	II	19	6 [31.6]	5.81 [2.61–12.94]	1		
	III	15	11 [73.3]	50.24 [27.82–90.72]	8.29 [2.51–27.31]		
	IV	6	6 [100]	81.39 [36.57–181.18]	13.65 [3.67–50.83]		

SBC, small bowel cancer; Tb, tumour budding; PDC, poorly differentiated clusters; CIF, combined invasive front; TILs, tumour-infiltrating lymphocytes; HR, hazard ratio; CI: confidence interval; WHO, World Health Organization.

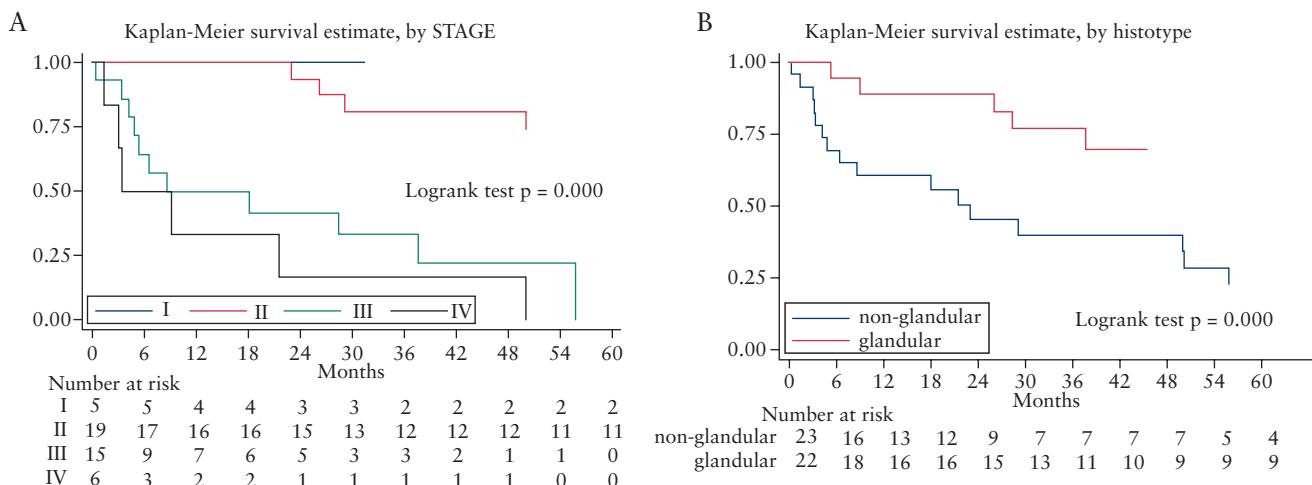


Figure 2. Kaplan-Meier survival estimates on the 45 Crohn's disease-associated small bowel carcinomas [CrD-SBCs] by stage [A] and histotype [B].

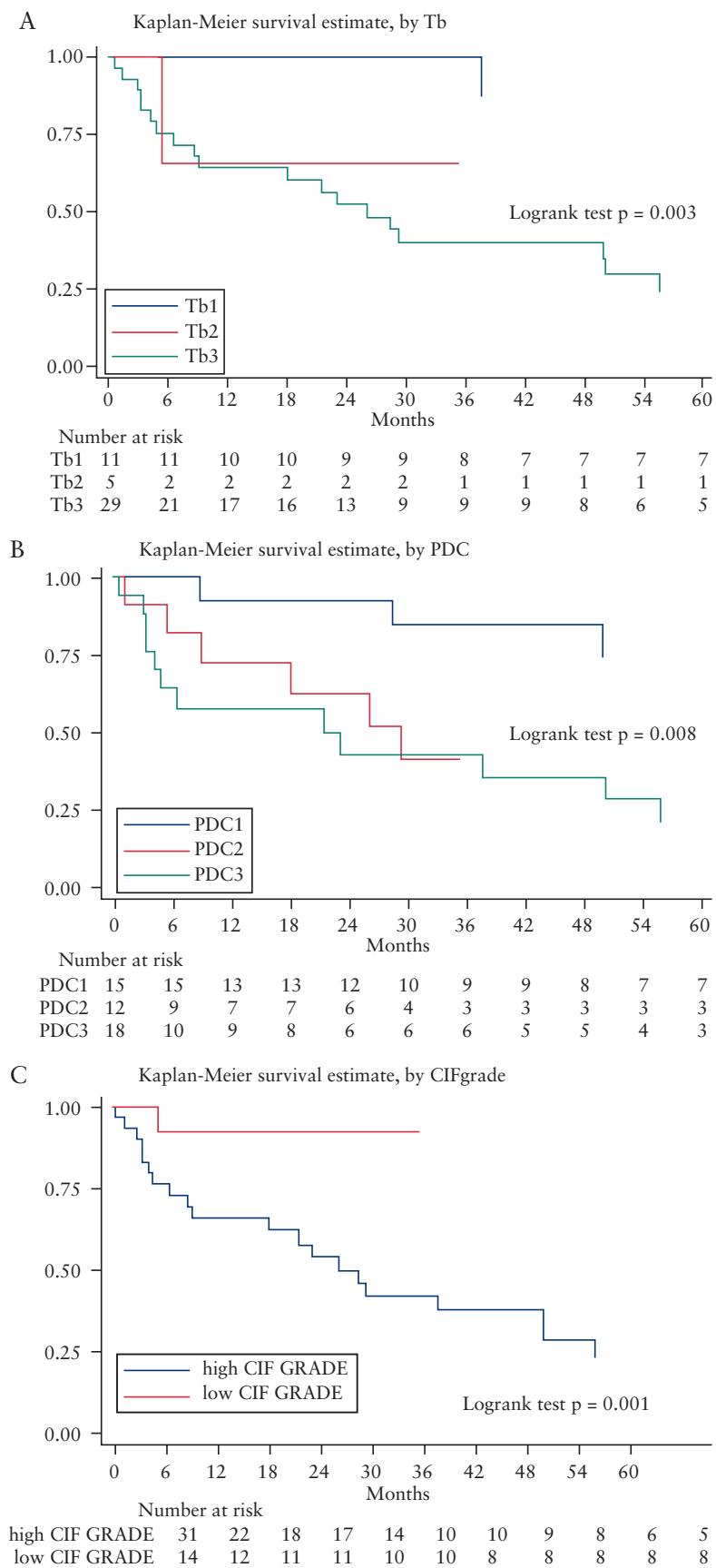


Figure 3. Kaplan-Meier survival estimates on the 45 Crohn's disease-associated small bowel carcinomas [CrD-SBCs] by tumour budding [A], poorly differentiated clusters [B], and combined invasive front grade [C].

two [8%], respectively, out of 24 cases tested. Glandular-type cancers were mostly well-to-moderately differentiated according to the WHO grading system.

The histological analysis of tumour invasion front parameters [Table 2 and Figure 1] showed a significant association [$p < 0.001$] between histotypes and either Tb or PDC grades, with a predominance of Tb1 [50%] and PDC1 [52%] among glandular-type cases, as well as of Tb3 [100%] and PDC3 [62%] among diffuse/mixed cancers. As for both Tb and PDC, survival analysis gave poor separation [not significant p -values] of the relatively few grade 2 cases from the remaining grades, a two-tiered combined invasive front [CIF] grade was developed where grade 3 cases for either Tb or PDC or both defined CIF-high grade and all the remaining cases formed CIF-low grade. All diffuse and mixed tumours were placed in the CIF-high grade group, in contrast to a minority [10/24, 42%] of glandular cases. In Table 3, data on depth of tumour invasion [pT] and AJCC stage as a function of Tb, PDC, and CIF grade are reported: an overall correlation was found between each of the three invasive front grading systems and invasion/stage parameters. Importantly, Tb, PDC, or CIF grade were significantly associated with lymph node metastases [$p = 0.001$, $p = 0.023$, and $p < 0.001$, respectively, with increasing rate of lymph node metastases across grades]. On the other hand, no association between invasive front markers and KRAS, NRAS, PIK3CA mutations, p53 overexpression, or MMR/MSI status was found.

Two patients died peri-operatively; the remaining 45 patients were followed up for a median of 85 [25th-75th percentiles: 31–121] months, and their cancer-specific survival data are reported in Table 4. As expected, stage and histotype proved highly associated with survival [Figure 2], and high TILs, found in 27% of cases, and high WHO grade, with only very few grade 1 cases, were less contributive. Both Tb and PDC invasive front analyses gave effective patient prognostication; in particular, their combination into a CIF grade separated 14 low-grade from 31 high-grade SBC patients with highly divergent outcomes [Figure 3 and Table 4]. In addition, when CIF grade was applied to the 22 glandular histology cases [by themselves showing significantly better survival than 23 non-glandular cases], 13 CIF-low as distinguished from nine CIF-high grade tumours were identified, with a trend for divergent outcomes [HR = 6.54, 95% CI: 0.73–58.6, $p = 0.054$], despite the limited number of available cases. CIF grade also gave significant results when applied to 24 stage I+II tumours, thus separating 13 low- [12 of which present in the CIF-low grade glandular group] from 11 high-grade cases, with significantly different outcomes [HR = 7.78, 95% CI: 0.90–67.3, $p = 0.027$]. Indeed, no cancer-related death was observed, during a median follow-up of 73.5 months, among the 12 patients with CrD-SBC showing CIF-low grade, glandular structure, and stage I or II. Of interest, six [50%] of such tumours also showed high TILs, and three were MMRd.

4. Discussion

In this study of an expanded series of CrD-SBCs we confirmed the favourable prognostic influence of glandular structure [i.e. glandular histotype] in comparison with its loss to form diffuse or mixed cancerous growths, as already suggested in a previous investigation of a smaller series.¹ In addition to this architectural evaluation on the whole cancer tissue, we found that selective investigation of the tumour invasive front for foci of Tb and/or PDCs substantially improved separation of more from less aggressive cases. Moreover, a significant association of Tb and PDC with lymph node metastases was found. In particular, invasive front analysis was effective, in glandular type CrD-SBCs, in identifying cases with numerous foci

of cell dissociation or structural dedifferentiation [high-grade Tb or PDCs], which were significantly coupled with survival shortening in comparison with those with low-CIF grade [low-to-intermediate grade Tb and PDCs]. The use of a novel CIF two-tier grading system, which encompasses both Tb and PDC, renders this system easier to apply compared with the separate evaluation of Tb and PDC.

Our results extend to CrD-SBC the prognostic value of Tb and PDC evaluation, so far mainly documented for colorectal cancer [predominantly gland-forming, usual type adenocarcinoma]. Furthermore, we show that the usefulness of CIF grade is restricted to the SBC glandular subset, a finding in keeping with recent observations on gastric cancer.²⁰ It appears that both processes involved in loss of structural differentiation, one occurring massively within the neoplasm as a whole, resulting in the diffuse and mixed tumour histotypes, and the other selectively acting at its invasive front [i.e. the high-grade Tb or PDCs], are strongly associated with a worse patient outcome. In other words, persistence, even at the invasive front, of the ‘canonical’ glandular-type structure marks a relatively less aggressive subset of CrD-SBCs, mostly non-metastatic and with a limited invasiveness.

It should be noted that loss of cellular/glandular differentiation to form ‘poorly cohesive’ tumours has long been recognised among gastric cancers and suggested to worsen patient prognosis.^{21–23} Recent molecular studies have stressed that diffuse desmoplastic cancers of the stomach, pancreas, and colon likely represent the histological counterpart of the so-called epithelial-to-mesenchymal transition operative in such cancers, with severe prognostic impact.^{24–29} It seems clear, especially from recent studies on colorectal carcinoma, that cancer investigation at its invasive front may capture an otherwise unapparent cancer proneness to cell dissociation and invasion, thus predicting worse postoperative behaviour.^{6–9,30} From our evaluation, it appears that the same phenomenon occurs in CrD-SBCs, which may add further information to stage assessment of surgical specimens.

High TIL density was associated with favourable survival, also among CrD-SBC; however, TIL assessment proved less effective in CrD-SBCs than in coeliac disease-associated SBCs,² being present in a smaller fraction of cases. TILs-rich medullary-type cancers, including the Epstein Barr virus-positive LEC with medullary-like histology,¹⁹ are known by themselves to generally display a more favourable outcome,^{31–33} thus overcoming the technical difficulty for Tb and PDC assessment reported in this rare cancer type.

In conclusion, analysis of tumour cell dissociation/de-differentiation markers at the invasive front, such as Tb and PDCs, may improve the identification of highly malignant cancers and allow their separation from a minority of less aggressive neoplasms, with potential therapeutic implications. Importantly, similarly to colorectal cancer, tumour invasive front markers might help in selecting high-risk CrD-SBC patients for adjuvant chemotherapy or additional surgery.^{33–37}

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Conflict of Interest

The authors have disclosed that they have no financial interest pertaining to this article.

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Author Contributions

Concept and design the study: GA, FG, ES, ADS, AV. Acquisition of data, or analysis and interpretation of data: all authors. Drafting the article: GA, FG, ES, ADS, AV. Revising the manuscript critically for important intellectual content: all authors. Final approval of the version submitted: all authors.

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